Mindset Makeover: How Small Changes Can Unlock Your Potential



You have been conditioned to react based on your mindset. Your mindset becomes so familiar that it functions without your even thinking about it. This is both good news and bad news. Mindset Makeover helps you examine your mindset more closely to discover where your mindset is working against you. In each chapter I cover opposing mindsets and the shifts that can help you unlock your potential.

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